

Cafodd yr ymateb hwn ei gyflwyno i ymgynghoriad y [Pwyllgor Iechyd a Gofal Cymdeithasol](#) ar [Flaenoriaethau'r Chweched Senedd](#)

This response was submitted to the [Health and Social Care Committee](#) consultation on [Sixth Senedd Priorities](#)

HSC PSS 08

Ymateb gan: | Response from: Berni Durham-Jones, Director of Services

Blaenoriaethau cychwynnol a nodwyd gan y Pwyllgor **Initial priorities identified by the Committee**

Mae'r Pwyllgor wedi nodi nifer o flaenoriaethau posibl ar gyfer ei waith yn ystod y Chweched Senedd, gan gynnwys: iechyd y cyhoedd a gwaith ataliol; y gweithlu iechyd a gofal cymdeithasol, gan gynnwys diwylliant sefydliadol a lles staff; mynediad at wasanaethau iechyd meddwl; arloesi ar sail tystiolaeth ym maes iechyd a gofal cymdeithasol; cymorth a gwasanaethau i ofalwyr di-dâl; mynediad at wasanaethau adsefydlu i'r rhai sydd wedi cael COVID ac i eraill; a mynediad at wasanaethau ar gyfer cyflyrau cronig tymor hir, gan gynnwys cyflyrau cyhyrysgerbydol.

The Committee has identified several potential priorities for work during the Sixth Senedd, including: public health and prevention; the health and social care workforce, including organisational culture and staff wellbeing; access to mental health services; evidence-based innovation in health and social care; support and services for unpaid carers; access to COVID and non-COVID rehabilitation services; and access to services for long-term chronic conditions, including musculoskeletal conditions.

C1. Pa rai o'r materion uchod ydych chi'n credu y dylai'r Pwyllgor roi blaenoriaeth iddynt, a pham?

Q1. Which of the issues listed above do you think should be a priority, and why?

Staff wellbeing – ensure that staff do not reach saturation point which makes them unable to do their work, also that they are not overloaded with too much work and not enough time. The impact of covid I believe could result in staff burnout 12 – 2 years from now as a lot of staff who work in health and social care, gave so much and so intensely during the covid pandemic.

Health and social care statutory services need to work more closely with the voluntary sector as they provide a lot of support and activities and services that are not appreciated by stat services. Also, the way the referral system works needs to change, for example as an organisation we get referrals from CMHT/PMHT for individuals who have complex mental health issues and because they have mentioned child sexual abuse they send them to us,



and really they should be dealing with the mental health issue before they deal with the csa issue, this demonstrates a huge lack of knowledge and education regarding csa. We save lives with what we do and we provide a vital service that saves money in the longer term, however individuals have to go through so many doors before they get the support they need which has a huge extra impact on their mental health. We are not a crisis service, however a lot of our clients are in crisis when they come to us as they don't get the practical support they need, and it then takes us longer to assist them.

I would like to see more stat services working more closely with the third sector on the ground, we are specialists we know our clients and we are professionals and we should be involved in decisions, not just Marac's but decisions on the ground. I would recommend that the committee ask the clients what they want and provide appropriate support, in my experience this is usually practical support like counsellor or psychoeducational courses.

Blaenoriaethau allweddol ar gyfer y Chweched Senedd

Key priorities for the Sixth Senedd

C2. Yn eich barn chi, pa flaenoriaethau allweddol eraill y dylai'r Pwyllgor eu hystyried yn ystod y Chweched Senedd mewn perthynas â:

- a) **gwasanaethau iechyd;**
- b) **gofal cymdeithasol a gofalwyr;**
- c) **adfer yn dilyn COVID?**

Q2. In your view, what other key priorities should the Committee consider during the Sixth Senedd in relation to:

- a) **health services;**
 - b) **social care and carers;**
 - c) **COVID recovery?**
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Gwasanaethau iechyd

Health services

Working together more closely to ensure appropriate support is provided at the appropriate time and stop clients moving from one service to another

Gofal Cymdeithasol a gofalwyr

Social care and carers

Consistency across the board for all health and social care

Adfer yn dilyn COVID

COVID recovery

Provide an appropriate plan for such events and ensure that this is not changed or co fusing for people